

St. Rose of Lima
Religious Education



**Confirmation
Handbook
2011-2012
Track 1**

Calendar



Saint Rose of Lima



Office of Religious Education

Track 1
2011 - 2012

Class Day: _____ Time: _____ Teacher's Name: _____

Teacher Ph: _____ Teacher Email: _____

Location: _____

<i>September 28th</i>	<i>Parent Meeting</i>	<i>Parish Hall - 7:00 PM</i>
Oct. 9 - 15	Class ~ Chs.: 1 & 2; Being Catholic, Knowing God Reason & Revelation	
Oct. 23 - 29	Class ~ Ch: 3; Faith	
<i>November 5th</i>	<i>Magic Mountain Inspiration - Info to follow</i>	
<i>November 6th</i>	<i>Rite of Enrollment - Class to follow</i>	<i>Church - 4:45 PM</i>
Nov. 6 - 12	Class ~ Ch: 4; God our Father	
<i>November 13th</i>	<i>Senior Citizen Thanksgiving Dinner</i>	
Dec. 4 - 10	Class ~ Ch: 5; The Human Person	
<i>December 16th</i>	Large Group XLT (ch 22)	<i>Church - 6:45 PM</i>
Jan. 8 - 14	Class ~ Ch: 6; Jesus Christ True God, True Man	
Jan. 22 - 28	Class ~ Ch: 7; Jesus' Message & Mission	
Feb. 5 - 11	Class ~ <i>Teaching Touching Safety</i>	
	<i>TRACK 1 RETREAT - Cost \$25.00</i>	
<i>February 19th</i>	<i>Dismissal After 5:00 PM (6:15ish)- Life Teen Mass</i>	<i>Parish Hall- 8:30 AM</i>
	<i>(Families please join your teens for this wonderful Liturgy)</i>	
<i>February 22nd</i>	<i>Ash Wednesday- 4:00 PM Service for all Confirmation Families</i>	
Feb. 26 - Mar. 3	Class ~ Chs: 8 & 9; Jesus' Death and Resurrection	
Mar. 4 - 10	Class ~ Chs: 11 & 12; Mission and Organization	
Mar. 11- 17	Class ~ Chs.: 31 - 35; Prayer	
	<i>ANAHEIM YOUTH DAY</i>	
<i>March 22nd</i>	<i>Meet @ SRL @ 4:45 AM - Return SRL 6:30 PM ~ Cost \$50.00</i>	
	<i>Mode of Transportation Bus. This is an excused absence from school.</i>	
Apr. 1 - 7	Class ~ Chs.: 36 & 37; The Lord's Prayer.	
<i>April 1st</i>	<i>Parent/Student/Sponsor Mtg.</i>	<i>Parish Hall - 6:45 PM</i>
Apr. 22 - 28	Class ~ Ch: 26; Respecting Life	
May 6 - 12	Class ~ Ch: 2; Respecting Sexuality & Review	

1305 Royal Ave. ~ Simi Valley, CA 93065-3330
(805) 526-5513 ~ Fax (805) 520-7638
Confirmation@strosesv.com

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Important Dates

11/20/11	Youth Day Permission Slip Due
1/25/12	St. Report (Rough Draft), Baptis- mal Certificate, Sponsor Form Due
4/19/12	St. Report Final Draft Due

Director's Welcome

I would like to welcome you to what I hope and pray will be a both a wonderful and exciting Journey! Each one of you are loved unconditionally by Jesus Christ and it is Jesus who invites you to love him ever more deeply, as we commit ourselves to live as His disciples.

Maturing in Catholic faith is a life-long journey. In preparing for the sacrament of Confirmation you are challenged to reflect on what living as a confirmed disciple means. Your Confirmation Journey began at your Baptism. Through Baptism, you were welcomed into the faith community and called to live as Christ's disciple. Through the sacrament of Confirmation you will have the opportunity to complete your initiation into your Catholic faith and receive the Gifts of the Holy Spirit! Have some questions or doubts? That's OK ! On your Confirmation Journey you will search for answers and a deeper discover of Christ love. Learn how you can make a difference in the world as a member of the Catholic Church.

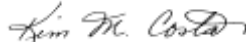
Your Confirmation Journey is a source of renewal for the whole parish community it supports the involvement of the parish including; priest, parents/guardians, families, sponsors, other ministries, and catechetical teams to name a few. This year you continue your journey and commitment that began at your Baptism, as you prepare yourself both mentally and spiritually for the Sacrament of Confirmation through:

Catechetical Experiences: Our students meet regularly with their catechists to examine the faith and discuss issues in today's world.

Community Building: We attend Youth Day—a gathering of 16,000 Catholic teens for a day of praising God and discussing our faith. Our Track 1 retreat is designed to bring together the classes and establish bonds through discussing God in our lives. Our teens learn that they are not alone in their faith. Our periodic large-group gatherings help to facilitate communication between students, their parents, and their sponsors.

Service: Our teens imitate Christ by serving the parish and the wider community. They truly put their faith in action so that it is no longer words written on a page but words written on their hearts.

I pray that the Lord will touch your heart this year. I challenge you to grow in you Catholic faith and to learn to live as a disciple of Christ. Welcome to the Journey!



Director of Religious Education

Confirmation Commitment

Fully aware of the importance of the Sacrament of Confirmation and concerned with the necessity of a thorough preparation for its reception, I pledge myself to carry out my duties and obligations to the best of my ability. Therefore, I willingly agree to the following commitment:

- I promise to attend every class and be on time as specified and stay until the end of each class.
- I will take an active part in my class and respectfully voice my opinion and thoughts sincerely, and be respectful when others are doing the same.
- I understand that I must be respectful to my teachers, classmates, leaders, and staff at all times, and that profanity, destruction of property, violence or threats will not be tolerated.
- I will attend all the large group meetings as scheduled, be on time, and stay until the end.
- I will make plans for active Christian service and carry them out completely according to the requirements set forth by the guidelines, handing in my reflection sheet as completed.
- I understand that I must complete a report on my saint during Track 1. The first draft of this St. Report is due the first class after Christmas Break. The Final Report is due the first class after Easter Break.
- I understand that I must submit a copy of my Baptismal Certificate and my Sponsor's Information form by the first class after Christmas Break during Track 1.
- I understand that I must attend Youth Day during Track 1.
- I understand that I must attend the Track 1 and 2 retreats.
- I understand that I must attend 1-XLT, 1-Social and 1-Teaching Life Nights in both Track 1 and Track 2 in addition to my Confirmation classes.
- I understand that I must not miss more than 3 classes and make up any missed material by the date specified by my teacher.
- I understand that Confirmation is a minimum of a two-year journey and that I must fulfill my commitment and all the requirements for Confirmation. I also understand that if I am unable to complete my Confirmation Journey that extra time will be given to me in order to prepare.

Service Guidelines

“Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.”

Matthew 25:40

At the last supper Jesus taught his disciples that there was nothing greater than to lay one’s life down for one’s friends.

(John 15:13)

Any young person will tell you that actions speak much louder than words. That is why the Church invites all Catholics to be engaged in the life, mission, and work of the Catholic Church. As Disciples of Christ, our works of service and social justice establish peace and justice and glorify God. As Catholics who are committed to the poor by the Eucharist, we are called to bring the good news of Christ’s liberating message to all who suffer from the pains of injustice.

To help students become more active members of the Body of Christ, all students are required to fulfill 4 service projects each year, or a pre-approved ongoing service project each year.

Service Projects

St. Rose Parish Service Project

(Any Service project which benefits the parish of St. Rose)

Individual Service Project

(Any service project which is done voluntarily for any parish, school, or community organization)

Student & Sponsor Service Project

(Any service project which is done with the company of your Confirmation sponsor)

Small Group Service Project

(Any service project you participate in with your Confirmation small group)

Ongoing Service Projects

(May choose 1 per year, pre-approval is required)

St. Rose of Lima Religious Education Department (yearly commitment)

St. Rose of Lima Choir (yearly commitment)

J Squad / Junior High Ministry (yearly commitment)

Other Parish Ministry (yearly commitment)

Service Guidelines cont.

To record service projects, students fill out a service documentation form. This gives the student a chance to reflect on a particular service and how serving is part of the life of a follower of Jesus. Once a student has completed a service project, he or she **must** complete a reflection form in order to receive credit for the service. Keep the yellow copy for your records. If you download the form from the internet please make a duplicate copy for your records.

Service Contacts

***Sergio Lopez: 805-526-8181**

Sergio is the Life Teen Service Coordinator. Call him for assistance in finding a placement. Sergio has information on projects throughout the year and regularly schedules students for the following ministries:

- *Knight of Columbus events (including Fish Fry's)
- *Homeless Dinners
- *Right to Life Breakfasts
- *Parish Events

Some other helpful contacts:

- *Religious Education: Contact Kim Costa @ 805-526-5513
- *Jr. High Ministry: Contact Sergio Lopez @ 805-526-8181
- *Life Teen: Contact Sergio Lopez @ 526-8181
- *Christian Services: @ 805-526-1732
- *Mission Circle Store: Contact Norm Ouellette @ 805-551-3704
- *Office Assistance: Contact Kim Costa @ 805-526-5513
- *Music Ministry: Clare Delto @526-1732
- *Youth Music Ministry: Contact Sergio Lopez @ 805-526-8181
- *Altar Serving: Contact the rectory @ 805-526-1732
- *Campus Care (from 3:00 pm to 5:00 pm): Contact Norm Ouellette @ 551-3704

**Contact the Office of Religious Education Office @ 805-526-5513
for questions on completed projects or project approval request.**

Example Service Form



Saint Rose of Lima



Office of Religious Education

Christian Service Project Documentation and Reflection

Student's Name INSERT YOUR NAME Date of Service 7/7 7/15, 2010 Confirmation Track 1

Name of Agency St. Rose of Lima Right to Life Ministry Teacher 805- Num-bers

Supervisor's Name Mr. Supervisor Supervisor's Phone Number Mr. Teacher

(Please Print)

Approval
(for office use only)

Check Type of Service

- | | |
|---|---|
| <input checked="" type="checkbox"/> St. Rose of Lima Parish Service Project | <input type="checkbox"/> SRL Religious Education <small>(yearly commitment)</small> |
| <input type="checkbox"/> Student Sponsor Service Project | <input type="checkbox"/> SRL Choir <small>(yearly commitment)</small> |
| <input type="checkbox"/> Individual Service Project | <input type="checkbox"/> SRL J Squad/Jr. High <small>(yearly commitment)</small> |
| <input type="checkbox"/> Small Group Service Project | <input type="checkbox"/> SRL _____ <small>(yearly commitment)</small> |

Service Reflection

1. Describe your service opportunity – what you did and how this helped the parish/community.

worked organizing a pro-life breakfasts with the right to life ministry team – reviewed and materials to be given out. Fundraiser for funds to sponsor the event and found volunteers to staff the event.

2. Looking back at the service, what are some of your thoughts and feelings about this service?

I had no idea how many teens are faced with having to choose life. I also found the stories of development amazing. I felt really bad for fathers that never had the chance to be a dad.

3. How do you understand the role of service in the life of a follower of Jesus?

Catholic is a verb. I can't just say I'm catholic, I've got to live it. I've got to put my faith into action. I also need to learn more about my faith which will help form my conscience.

4. As a result of this experience, what type of service will you do in the future?

I would like to work with mothers that choose to keep their babies. Maybe by putting together baby showers or something to make it a little easier for them.

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E-mail: Confirmation@strosesv.com

Role of the Sponsor

In the early Church, most new members were adult converts. Each Candidate had a sponsor who was a guide, a spiritual companion and witness to the faith of the candidate before the community.

In the Confirmation Preparation Process, the Sponsor has a significant and serious role in the faith development of the candidate. The sponsor is called to be:

- A model of how a person of the Catholic faith lives in today's world.
- A mentor who knows the candidate and can witness to the maturing faith of the candidate before the community.
- A guide, confidant, and listener.
- A learner who is interested in his/her own growth as he/she walks the faith journey with the candidate.
- A companion who will continue after Confirmation to walk the faith journey with the candidate and invite him/her into fuller participation in parish life and service.
- A practicing, Confirmed Catholic, who attends weekly Mass.

Expectations of the Sponsor

- Attend meetings, workshops or training sessions for sponsors.
- Participate in Liturgical Rites of the Confirmation Process.
- Make regular contact with the candidate, outside of class time, to encourage and assist the candidate to grow in knowledge, in prayer, in service, in worship and in participation in the Parish Community.
- Participate in the activities of the two-year Confirmation Process with the candidate.



Qualifications Of The Sponsor

- The Sponsor should be at least 18 years of age, a mature person of faith, and a confirmed Catholic in good standing.
- The sponsor should be a practicing Catholic including attending weekly Mass.
- The sponsor reflects Catholic Christian values in word, worship, and service.
- The sponsor may be male or female, may be a Baptismal Sponsor
- The sponsor may NOT be a parent of the Candidate.
- A sponsor participates in activities of the two-year Confirmation Process with the candidate.
- A sponsor meets personally with his/her candidate on a regular basis to discuss candidate's prayer life and spiritual journey, to share faith, and to answer questions.
- The sponsor should be friendly, trustworthy, and a good listener.
- It is helpful and advisable that sponsors are active members of their Parish.
- It is recommended that the sponsor be either a family member or a close friend of the family, someone with whom the candidate will not lose contact with.



Saint Report Guidelines & Useful Sites

The Confirmation Saint is an important part of the Confirmation Journey. The Saint is a person who lived a life of Christian discipleship worthy of us to imitate. Saints are real people who lived a real life and know what it is to struggle with and for their faith. In addition to your sponsor, your saint makes your Confirmation Journey with you offering you guidance through their past deeds and praying to God on your behalf.

In order to help you make a meaningful decision in choosing your Confirmation Saint, you are required to write your own report on your saint. The purpose of writing the report is to learn about your saint, and how he or she is a role model of a follower of Christ.

The guidelines for your Saint Report are below:

- This is to be a 2 page, typed, double space, 1-inch margin, Times New Roman Font (size 12) report like you would turn in for school.
- Spend some time discussing your saint (when he/she lived, what he/she did, how he/she died, some miracles attributed to him/her, what he/she is known or not known for, his/her feast day, etc).
- Include a bibliography of ALL the sources that you used to get information for your saint (unless you're a hagiographer, you'll have at least one).
- Your rough draft is due on or before your first class after Christmas. Be sure to save it because your teacher will add a section for your final draft.

2 REALLY good websites:

- www.newadvent.org
- www.catholic.org/saints

Youth Day Information

Youth Day is an exciting time that has to be experienced in order to understand what it really is. Approximately 16,000 Catholic youth gather for this Archdiocesan-sponsored event where the most gifted speakers and musicians from around the country and around the world come to share and praise God. It is a required event for Confirmation. It is also an excused absence from school.

- **Departure: March 22, 2011 4:45 AM in the HALL. This is a must, due to morning traffic. BE ON TIME!**
- **Destination: Youth Day ~ Anaheim Convention Center**
- **Emergency Number: RE Office @ (805) 526-5513**
- **Return: Appx. 6:30 PM St. Rose of Lima Hall**
- **Mode of Transportation: Bus**
- **Cost: \$50.00 (\$60 if this form is received after 11/20/11) This includes Transportation/Admission/Tee -Shirt.**
- **Lunch: Please bring a sack lunch. Students are NOT allowed to purchase ANY food there.**
- **Because it is important to not only be physically present, but mentally present at this event, CELL PHONES, IPODS AND OTHER ELECTRONIC DEVICES (other than a camera) May NOT be used until directed by a chaperone to contact your parents for pick up.**
- **Students MUST remain with a St. Rose chaperone at all times. AT NO TIME DURING THE DAY MAY A STUDENT BE WITHOUT A CHAPERONE.**



STRL Youth Ministry exists to serve our parish and local community by engaging young people in the active task of following Jesus Christ.

By strengthening families, our ministry seeks to build up the Church, the Body of Christ, by helping teens discover and grow in their relationship with God. Through youth group meetings, prayer nights, leadership opportunities, service, and Sunday Eucharist, STRL Youth Ministry exists to serve God by serving teens.

Empowered by the Word and nourished through Christ's presence in the Eucharist, STRL Youth Ministry challenges teens to live out their faith by making a difference in the world, especially in the lives of those who are most poor and in need.

STRL Youth Ministry welcomes YOU!



STRL Youth Ministry
1305 Royal Ave~ Simi Valley, CA 93065~ Phone: (805) 526-
8181~ Fax: 526-1412
slopez@strosesv.com

Prayers

Family Prayer

Loving God,
Bless our family as we journey with (student's name)
Toward his/her Confirmation.
Give us the desire to know you
And to serve you.
To do your will,
Help us to find strength,
Especially in the Mass.

Bless all who help guide (student's name)
Toward your Son, Jesus.
May their example be fruitful
In our child.

We ask this and all things through Christ
Our Companion and Friend.
Amen.

Sponsor's Prayer

Holy Spirit,
By your divine and cleansing fire,
May I always be a shining example
Of what it is to walk with Christ.
Amen.

Prayer for the Sponsor

Lord Jesus,
You chose twelve friends
To help guide people toward you.
Guide and protect my (my student's) sponsor
So that he/she may faithfully
Guide me (my student) to you.
Amen.



St. Rose of Lima ~ Religious Education

* Catechesis; Pre-School - 12th Grade * Confirmation * Jr. High Ministry *
First Communion Sacramental Preparation * RCIA for Children
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